**New Procedure for Discharging Patients with a Urinary Catheter**

When a patient is discharged home from NUH with either an indwelling urinary catheter or they are using intermittent catheters then they should be sent home with 7 days’ worth of relevant supplies. Staff that discharge the patient need to send a referral to the district nursing team who will arrange further delivery of the products the patient requires. This means that staff must **NOT** contact product suppliers (i.e. Coloplast, Script Easy, Lofric) any longer to have products delivered to the patient’s home. These prescriptions will now no longer be paid for by the community teams, the new arrangement guarantees that patients will be reviewed at home by community staff and their changing needs monitored. If they require on-going supplies after the 7 day period then the supply of these will be arranged by the community continence service.

For patients with indwelling catheters this will mean they are provided:

- 1 spare indwelling catheter (the same size as they have in situ)
- 1 tube of lubricant gel (e.g. Instillagel)
- 1 Leg bag
- 7 night bags
- District nurse contact details
  (Drainage bags to be included in take home pack to be provided by Convatec)

For patients using intermittent catheters they should be sent with the number of catheters they require over a 7 day period.

Take home packs containing catheter drainage bags and intermittent catheters will be available from Convatec and Welspect respectively. These are the only companies that should be leaving take home packs for urinary catheters (indwelling and intermittent) in your areas. Other companies which leave packs such as Rochester, Coloplast etc. are not to be allowed to continue this practice.

Any queries or questions then please do not hesitate to contact either:

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