

March: e-newsletter for Members

Dear Member,

Thank you to everyone who came along to our 'Focus on your Heart' event, it was great to meet you. At the event, Members met representatives from our Cardiac Surgery and Cardiology teams to hear about service developments and the latest innovations. This included Mitral Valve surgery where NUH are leading the field in the region.

We're keen to hear your ideas for future events. If you have any suggestions or ideas of what you would like to hear about, please let us know. Also, if you have any questions about membership, contact us directly on: ft@nuh.nhs.uk or 0115 924 9924 x. 65063.

Best wishes

NUH Membership Team

Meet Maggie's

14 March, Maggie's Centre, Nottingham City Hospital. 4pm – 6pm

Maggie's Nottingham is based in the grounds of the City Hospital and has been open since November 2011. It is one of 20 Maggie's centres operating in the UK.

Centre Head Kate Martin warmly invites members to the Centre to learn more about how Maggie's unique approach to cancer care has helped support hundreds of thousands of people affected by cancer in the UK.

This event will consist of a tour of this unique building and a presentation, talk and Q&A on the history of Maggie's Centres by Kate. This will be followed by an opportunity to experience first-hand the benefits of relaxation by our Cancer Support Specialist Sonja Zadora-Chrzastowska. Fundraising Manager Liz Credgington will also be on hand to answer questions.

If you have not already confirmed your place at an event you would like to attend please contact Foundation.Trust@nuh.nhs.uk or call Tel: 0115 924 9924 ext 65063.

Decision on Medilink charges

A charge is being introduced for Nottinghamshire County Council's Medilink service.

The award winning service links Queen's Medical Centre and City Hospital with the park and ride sites at Wilkinson Street and Queen's Drive. It had been at risk due to pressures on council budgets.

But Nottinghamshire County Council has decided to save the service but introduce a £1 charge for passengers if using pre-paid Robin Hood tickets, or £1.20 if paying in cash for each journey. The Trust has agreed to continue investing in and supporting the service and staff will continue to travel for free on the service.

Details of the charges can be found [here](#). (hyperlink)

PJ push to boost patient care

A simple idea from Nottingham nurses to use a patient's wardrobe to help them recover and leave hospital sooner is turning into an international movement. The PJ paralysis campaign was launched recently and highlights the impact of patients being left in pyjamas or hospital gowns for any longer than necessary. It has been embraced by frontline staff at Nottingham's hospitals, across the UK and even internationally - reaching hundreds of thousands of people on Twitter.

Read more about the initiative [here](#) or listen to Deputy Director of Nursing [Anna-Marie Riley radio interview discussing #endPJparalysis](#) - **BBC Radio Nottingham (2:07:14 into programme)** Available until 01 April 2017.

Nominate your Nurse or Midwife of the Year now!

It's your chance to say thank you and nominate in this year's Nurse and Midwife of the Year Awards. The awards are bigger and better than ever for 2017.

You can nominate in any of the eight award categories and as part of our celebrations for QMC's 40th birthday this year we have a special QMC 40 Anniversary Award.

Keep an eye on this page for the latest updates and news stories. You can nominate [here](#) until 19 March.

This year's categories are:

- **Adult Nurse of the Year** - A nurse, employed by NUH, who works with patients aged 19 and over.
- **Children's Nurse of the Year** - A nurse, employed by NUH, who works with patients aged 18 and under.
- **Midwife of the Year** - A midwife, employed by NUH (based in QMC, City Hospital or in the community). Award is sponsored by the League of Friends City Hospital
- **Student Nurse or Midwife of the Year** - A student nurse or midwife, at any stage of their course, who has carried out work placements at NUH in the last 12 months. Award is sponsored by Forever Stars
- **International Nurse or Midwife of the Year** - A nurse or midwife, employed by NUH, who has moved to the UK to work for the NHS.
- **Healthcare Assistant of the Year** - A Healthcare Assistant, employed by NUH.

- **Nurse or Midwife Leader of the Year** - A nurse or midwife whose leadership of a team, ward or project has made a significant difference to the experience of patients and/or colleagues. Award is sponsored by Hairven
- **QMC 40 Anniversary Award**– Recognising a long serving nurse or midwife, from across the Trust, who has made an exceptional contribution to patient care. Award is sponsored by the League of Friends QMC

The nurse or midwife with the most public votes during the shortlist period will receive the accolade of 'Overall Winner' and have a Nottingham Tram named after them for a year.

[Details here.](#)

Building work starts on new tram bridge

Work to build a new footbridge connecting QMC's tram stop to the main hospital has started. The new walkway, due to open summer 2017, will provide direct access from the tram platform to the south side of the hospital (at the same level as the hospital's main entrance).

Click [here](#) to read our tram newsletter.

View from the Chair

Read the latest blogs from our Chair, Louise Scull.

[Bridging a gap – construction on the new tram walk way at QMC begins](#)

[Our journey to excellence - applying for Magnet Accreditation](#)

[Constructive criticism for the CQC](#)

[Silence is golden – quieter wards campaign](#)

Monthly e-update for Stakeholders

Please read February news from NUH for stakeholders [here](#).

Just Do It Awards

Thursday 27 April XXXXX

Just Do Its are all about enabling staff to put their great ideas into action to benefit patients, visitors and staff. The awards celebrate the best of Just Do It while giving staff the chance to showcase their ideas to board members, public members and Chief Executive Peter Homa while giving you the opportunity to ask questions and learn more.

The awards will be held in the Clinical Science building at City Hospital and refreshments will be provided. Spaces are limited so please ensure you register your interest by emailing ft@nuh.nhs.uk or calling 0115 9249924 ext. 65063

Just Do It is generously funded by Nottingham Hospitals Charity.

Latest news from NUH

For more news stories please visit our website [here](#), or read the latest edition on NUH News.

[NUH News Spring 2017](#)

Many thanks for continuing to support our hospitals. If you have any queries or comments regarding membership then please email us at ft@nuh.nhs.uk

[Website www.nuh.nhs.uk/members](http://www.nuh.nhs.uk/members)

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