Looking after your child with a Futura splint for a minor wrist fracture/break

Information for parents & carers

Paediatric Orthopaedic services

This document can be provided in different languages and formats. For more information please contact:
Paediatric Orthopaedic Department
C/o Children’s Outpatients East
Nottingham Children’s Hospital
QMC campus
Tel: 0115 924 9924 ext. 68426 / 61210

This leaflet is aimed at patients who have had an application of a Futura splint for a minor wrist fracture/break.

This leaflet aims to tell you how to care for your injury whilst wearing the splint.

Looking after your child with a Futura splint for a minor wrist fracture/break

Your child has a minor break to his/her wrist and has therefore been placed in a futura splint (wrist splint).

The splint is for comfort.

The splint:

- Needs to be worn for 3 weeks.
- Can be taken off for your child to have a wash, but must be replaced after washing.
- Needs to be discarded after 3 weeks, then start to let your child use his/her arm normally.
- Your child must not do any P.E. or games at school or play football, rugby, ride their bike or take part in any other rough and tumble games at home for 5 weeks from the day of injury.
- Your child may go swimming once the splint has been discarded.
Your child has been discharged from the children’s fracture clinic. However, if there are any problems or concerns regarding your child’s injury you may contact:

- Children’s Outpatient Department, for advice or for a further appointment.

  Telephone: 0115 9249924
  Extension: 68426 / 61210
  Opening Times: Monday – Friday 08:00-18.00

At any other time you will need to contact:

- Children’s Emergency Department:

  Telephone: 0115 9249924
  Extensions: 61148 or 61149.

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Feedback

We appreciate and encourage feedback. If you need advice or are concerned about any aspect of care or treatment please speak to a member of staff or contact the Patient Advice and Liaison Service (PALS):

**Freephone (QMC Campus)**: 0800 183 0204
**From a mobile or abroad**: 0115 924 9924 ext 65412 or 62301
**E-mail**: pals@nuh.nhs.uk
**Letter**: NUH NHS Trust, c/o PALS, Freepost NEA 14614, Nottingham NG7 1BR

[www.nuh.nhs.uk](http://www.nuh.nhs.uk)

If you require a full list of references for this leaflet please email patientinformation@nuh.nhs.uk or phone 0115 924 9924 ext. 67184.

The Trust endeavours to ensure that the information given here is accurate and impartial.

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