

Health & Wellbeing discounts 2012

Jan	Free gym inductions Take up the monthly membership and get the first month for free
Feb	Buy 10 NUH active classes for the price of 8
March	Premier membership – 12 months for the price of 6
April	Massage discount – introduce a colleague and both get a discount for treatments
May	Bring a buddy – introduce a colleague to a NUH active class and you go free
June	Free NUH active classes Bike discounts for bike week
July	Premier membership – 12 months for the price of 6
Aug	Beauty therapy discount
Sept	Healthy meal discount
Oct	Brighten up bike discounts Free classes during Mental Wellbeing Week
Nov	Shape up for Christmas – half price NUH active classes
Dec	Buy 10 NUH active classes for the price of 8